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### **Michael colgan (nutritionist) - wikipedia, the**

Michael Colgan is an biochemist and physiologist Sports Nutrition Guide: Minerals, Vitamins & Antioxidants for Athletes (2002) All New Sports Nutrition

### **The sports nutrition guide | healthy readers**

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### **Training philosophies - cacwiki**

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### **Sports nutrition pocket guide: your daily -**

Sports Nutrition Pocket Guide: Find out why the right minerals are more important than vitamins, Michael Colgan.

### **Optimum sports nutrition: your competitive edge:**

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